

## Summitview P.S. eBulletin



Sing a song of praise for Summitview  
How we love the green and white  
Proving to the world that we'll be true  
Shout it out with all our might.

Never will we let her down  
The Honour of our school we  
will defend  
Summitview's the best in town.



Nov. 2016

6551 Main Street (905) 640-1102 <http://www.yrdsb.ca/schools/summitview.ps>

**Perseverance:** Even though it was difficult, there was not another thing in the world  
I would rather have been doing." Terry Fox

### Student Learning Goals and Reaching Greater Success



"On average, the practice of having students track their own progress was associated with a 32-percentile gain in their achievement." Marzano, "When Students Track Their Progress," Educational Leadership (2009–2010)

Olympic Athletes have indicated that they think about their goal and how to reach it, every day, multiple times each day; keeping their eye on the desired end result - regardless if this is a physical, mental or emotional goal. Research also shows that students who have a own plan for their learning, do better both in the short term and long term:

<http://www.theextragear.com/goal-setting-for-sport-performance-enhancement>

<http://www.olympic.org/content/olympic-athletes/athletes-space/tips/setting-smart-goals/>

- ◆ Summitview students and staff continue to discuss multiple intelligences, learning goals for work habit, and goals for learning; having 1-1 'café' conferences, group conversations, and using success criteria to better understand how to move their academic and social successes forward
- ◆ This school year, 1-8 students tracking their own level of success for their goal. Each student, after discussions with their teacher, has selected the goal he/she wants with the criteria to know what will increase success
- ◆ Each student has written down his/her goal and success criteria, along with who they can go to for assistance and check-ins with their teacher (student goal sheet)
- ◆ A key piece is the student taking gradual ownership for this learning goal, monitoring the criteria, and using the strategies to bring about change for the better
- ◆ Speaking with your child at home and using guiding questions such as:

- ⇒ What is your learning goal this term?
- ⇒ What criteria will show that you are reaching it?
- ⇒ How do you know you are reaching your goal?
- ⇒ What did you do today that got you closer to your goal? What can you do tomorrow?
- ⇒ How can I/we help you?

Some of the ongoing learning now is having students be much more specific about the goal and the criteria (page 2), and student-led conferences (page 6).

Principal: M. Duckett-Wilson Superintendent: P. Carew Trustee: L. Carruthers  
Office Admin. : S. Allum / N. George Lead caretaker: B. Blundell





# A Parent's Guide to Regular School Attendance

School can be a wonderful time in the life of a child. It is a time for learning and for developing friendships. Children begin to develop lifelong habits and skills. Getting to class on time, and avoiding absences are critical, if your child is to get the most out of school. What can you, as a parent, do to help ensure your child's regular attendance?

## Why does attendance matter ?

Getting to school – every day and on time – is very important. Learning occurs daily, right from the start of class. By establishing patterns early on (i.e. by being punctual and responsible) children acquire positive habits about school attendance.

## Some other things to consider

- If children are late arriving to school, they miss important social time with their peers before school begins.
- Students who are late often feel embarrassed or self-conscious.
- Late arrivals disrupt the routine of the classroom.
- A last-minute rush can be stressful for the child, and get him/her to school in the wrong frame of mind.
- Missing even five or ten minutes of the day can make it harder for a student to understand the material being taught.
- Frequent absenteeism leads to gaps in a child's skills and knowledge base and can cause the child to fall behind peers and decrease self-esteem.
- Too many missed school days can increase isolation as the child stands out from his/her classmates and misses opportunities to develop socially.
- Absenteeism makes it tougher for the child to develop a good rapport with the teachers.

## TIPS FOR BEING ON TIME

The morning can be a very hectic time. Here are some effective tips for getting your child up and out the door on time.

- Get your child to bed at a reasonable hour.
- Set realistic and consistent schedules and rules at home. Getting ready for school should be part of the child's overall routine; something that's expected of him/her every day.
- Do whatever is necessary the night before to save time in the morning, such as setting out clothes, packing lunches, and setting backpacks at the door.
- Create a set morning routine that your child can easily follow (i.e. washing hands and face, going to the bathroom, dressing, making the bed, brushing teeth, and eating a healthy breakfast).
- Avoid any distractions that can slow your child down, like TV or games.
- Set your alarm to get up earlier if you're running late regularly.

## HOW SICK IS SICK?

Children do get sick. They are still developing natural resistance to certain infections, their hygiene behaviours are not fully developed yet and germs spread. Some missed school is unavoidable for your child's own well-being and the protection of classmates. There are ways to cut down on sick days:

- Teach your child about proper hand washing after going to the bathroom, playing outside or wiping his/her nose.
- Follow other healthy habits, from eating nutritious food to getting enough sleep.
- Some symptoms make school attendance uncomfortable, like a fever, vomiting or diarrhea. If you're unsure whether your child is sick enough to miss school, talk to your doctor.
- Some children pretend to be sick to avoid school. Ask yourself if the child's symptoms are vague, (i.e. a headache, upset stomach, fatigue) or if your child tends to instantly recover just after school starts or ends, or if the illness is happening during stressful times at school or at home. Allowing your child to remain home when there's no real illness may start a bad habit.
- If you decide to keep your child home, inform the school and keep the child in bed or doing quiet, low-key activities. A day off from school shouldn't be a holiday; it should be a time to recuperate from illness, so the child can return as soon as possible.

## SET THE RIGHT EXAMPLE

- Children follow the lead of their parents. If you place importance on regular and prompt school attendance, so will your child.
- Provide a home environment that encourages learning and curiosity.
- Treat school hours with respect. If you have to make an appointment for your child, arrange it before or after school or at the very beginning or end of the day.
- Show interest in your child's education by asking about the school day, celebrating school successes, attending school events, parent-teacher interviews, volunteering at school, and communicating with your child's teacher. The more you value school, the more your child will.
- If your child resists going to school for no apparent reason, talk to him/her about any possible problems with the school, teacher or other children. Don't give in to coaxing or pleading; that creates a bad precedent.
- Some families plan trips during the school year due to scheduling of vacations from work or to take advantage of low travel costs. When this occurs, children of every age miss valuable learning which can impact on their success. Even brief absences can have a negative impact. Family trips can be a wonderful learning experience, but should be saved for school vacation time, such as March Break.

**ATTENDANCE LINE 24/7 : 905 640 1143**

## Keeping our Hallways Clear and Safe

In keeping with safe schools policies, we would appreciate you saying "goodbye" to your child(ren) outside before they enter the school and refrain from coming indoors with them unless you are volunteering or if you have a situation you need to discuss with office staff. After school, please make arrangements with your child to meet them outside of their dismissal doors. This will expedite our exit and entry in the school, as well as alleviate congestion in our hallways and after school.

**Any visitor to the school, be they parents, workers, board support staff, must go through the office and sign in. If you would like to speak to the teachers, please make an appointment with the teacher, through an office message or your child's agenda (note) and we will try and get back to you ASAP.** Parents who are visiting the school for special night time events (after 6 pm) such as interviews, plays, presentations, School Councils, etc. do not have to go through the office. **Please, do not be offended if staff ask you to wait at the office or outside of the school; they are following safe schools protocols.**



Preparing your child for colder weather:

- ⇒ Labeled spare items especially waterproof gloves, socks and hat (every age level)
- ⇒ Practice zipping and tying boot laces as a race at home
- ⇒ Indoor shoes to keep at school if possible
- ⇒ Many layers is better than just one
- ⇒ Taking clothing off outside increases lost items or damages



### Extreme Weather Conditions

All students are expected to go out for every recess unless the principal or vice-principal decides that weather conditions are such that it would be detrimental for students to be outdoors. Students are to come to school dressed for outdoor play and prepared to be outdoors up to 40 minutes after lunch. Weather, including temperature, wind chill, sun/cloud conditions and wind velocity, is continuously monitored and in extreme weather conditions, recess breaks may be shortened or students kept indoors. During the cold months of winter, students should be dressed appropriately for weather conditions:

- Bring a change of clothes, including socks, in case a change is needed due to wet and cold weather
- Dress in layers of loose-fitting clothing
- Cover and protect exposed skin from the harsh elements
- Boots, hats, scarves, snow pants and mitts or gloves will help make recess an enjoyable time
- During the hot sunny weather, students should protect themselves by:
  - Seeking shade or creating their own
  - Wearing a hat and suitable clothing to cover their skin
  - Putting on sunglasses (that provide UV protection) to protect their eyes
  - Applying sunscreen 20 minutes before exposure to the sun.



Parents sometimes request their children be kept indoors during recess times because they are not feeling well. Students with illnesses serious enough to prevent them from participating in physical education, recesses or other outdoor activities should remain at home until their condition improves. This will also benefit the students concerned and prevent the spread of this illness to others.

If road conditions force the cancellation of bus services, the following stations will be informed as early as possible, and will broadcast pertinent information to the community.

#### RADIO

AM640 – 640 AM	CHAY 93.1 FM	NEWS 680 AM	CHIN 1540 AM	CJEZ 97.3 FM
CJBC 860 AM	CHUM 104.5 FM	CHFI 98.1 FM	CFRB 1010 AM	CKDX 88.5 FM
CKFM 99.9 FM	CHUM 1050 AM	CBC 99.1 FM	CHIN 100.7 FM	JACK 92.5 FM
Q107 107.1 FM	Z103.5 FM	CJCL 590 AM	CJKX 89.9 FM	95.9 FM

#### TELEVISION

CFTO TV   CITY TV                      GLOBAL NEWS                      THE WEATHER CHANNEL

You can also visit [www.schoolbuscity.com](http://www.schoolbuscity.com) or contact the York Region Student Transportation Services School Bus Information Line at 1-877-330-3001 for bus cancellation information. Parents and students should plan an alternative place to go should bus service be cancelled or delayed, or should schools be forced to close due to an emergency.

# Take a stand against Bullying!

## **Why?**

- ⇒ 'Just joking' is an excuse; we only tease our best of friends
- ⇒ Bystanders might be also scared to stick up for you in case it happens to them
- ⇒ The person doing the bullying likely has a 'control' issue and needs help too
- ⇒ You have the same rights as ANYONE ELSE
- ⇒ Famous people say so (just in case you need that ;})

## **How?**

- ⇒ Get advice from someone you trust; you don't have to give names
- ⇒ Tell the same adult so they know how often it is happening
- ⇒ Adults @ SPS MUST report ALL bully issues to the principal, even if something has been done about it, so the next step is to report it to the office
- ⇒ Tell the adult what you are comfortable with and what you are worried about for any next steps

## **When?**

- ⇒ ANY TIME to any adult in the building
- ⇒ On way into school or going home works too
- ⇒ Drop a note to the office, use a student issues form on the counter, or give it to someone else to pass on to us
- ⇒ Email [summitview.ps@yrdsb.ca](mailto:summitview.ps@yrdsb.ca)
- ⇒ Call the school attendance line  
**905 640 1143** then when it gives you options, push 1

## **What?**

If you don't want to leave your name, make sure you report:

- ⇒ Who is getting bullied
- ⇒ When it is happening
- ⇒ Where is it happening
- ⇒ Who is doing the bullying

**BULLYING CAN BE STOPPED!**  
**STUDENTS MUST GIVE ADULTS A FAIR CHANCE TO PROVE IT!**

### **Procedure #NP657.0 Pediculosis (Head Lice)**

- ⇒ Students are no longer required to go or remain home when they have nits.
- ⇒ Parents and guardians will be asked to sign a form that treatment has been started; *this will be effective immediately*
- ⇒ this is in line with the Canadian Pediatric Society

Head lice or pediculosis is common in school-aged children. It is not a communicable disease and does not cause illness. All families can help to decrease head lice in our school communities by performing regular head checks of their children and treating the head lice if found. Checking for lice takes patience, diligence and plenty of time.

It is recommended that you always be sensitive to a child's feelings around this topic. Head lice can happen to anyone regardless of socioeconomic factors or level of personal cleanliness. When head lice are identified at school, parents/guardians are contacted so a recommended treatment can start right away.

Additional information about head lice is available through the Canadian Pediatric Society. If you have questions about head lice or any other public health-related topic, please contact York Region Health Connection at 1-800-361-5653, TTY 1-866-252-9933.



### Student-led Conferences: November 24-5

Soon we will be in touch with a system that will allow you to sign up online for your child/ren's conferencing time where they will share their successes thus far this term, their learning goal/s and how they plan to achieve this.

In order to be able to sign up online, we must have a valid email address. For those who do not, you will need to call into our office in order for staff to make a booking for you online as the availability can change quickly.

We look forward to our students sharing their success. Should you wish a separate time to speak with the teacher further than the 15 minutes allocated, please advise the teacher directly.